**Dr. Dalal El Halabi**

Dahr El Ahmar, Lebanon | 00 961 3 689045 - 00 961 7 556909 | [dalal-el-halabi@hotmail.com](mailto:dalal-el-halabi@hotmail.com) | dalalelhalabi@gmail.com | https://www.youtube.com/@Dr.dalal-elhalabi | https://lb.linkedin.com/in/dr-dalal-elhalabi

**Personal Status**

DOB: 16/6/1972 Kfeir, Lebanon

Marital status: Married

# **Work Experience**

**Private Clinic** Dahr el Ahmar, Lebanon

Therapist (License No. 31600-3-3-2018) 2013 - Present

* Clinical and Adjustment Psychologist
* Cognitive-behavioral Psychotherapist
* Mental Health Care & Art Therapy Specialist
* Psychoanalytic Psychotherapist

**National Wellness Network Hasbaya Medical Social Center** Hasbaya, Lebanon

Psychotherapist 2022 - Present

**Jesuit Refugee Service (JRS)** Beirut, Lebanon

Social Worker Trainer 2017 - Present

**Amel Association International** Mashghara, Lebanon

Psychotherapist & Team Trainer 2021 - 2022

**Haramon Center for Care and Development**  Rashaya, Lebanon

Psychotherapist 2018 - 2022

**LMC Hasbaya**  Hasbaya, Lebanon

Psychotherapist 2018 - 2022

**Modern University for Business and Science (MUBS)** Beirut, Lebanon

Instructor 2018 - 2019

**International Academy for Building Capacity IABC** Beirut, Lebanon

Professor 2015 - 2020

**Islamic Orphanage House** Hasbaya, Lebanon

Psychotherapist & Team Trainer 2013 - 2020

**Haret Al Charfeh's School** Rashaya, Lebanon

Psychologist 2011 - 2016

**Ray of Hope Center for Mental Disabilities** Zahle, Lebanon

Psychological Specialist

2009 - 2018

**El Ghad El Mushrek School** Rashaya, Lebanon Instructor 2000 - 2007

* Instructed the following courses: math, science, history, geography, and civic education
* Managed the school’s magazine and library
* Implemented educational and recreational/extracurricular activities such as drawing contests, field visits, celebration of international days, etc.

# **Education**

**Lebanese University: Doctoral School of Literature, Humanities & Social Sciences** Doctorate of Philosophy2015 - 2021

Thesis: The Phenomenon of Sexual Harassment Among Children and Its Representation in Their Drawings

**Lebanese University** 2012 - 2013

Master 2 in Clinical and Adjustment Psychology

**Lebanese University** 2011 - 2012

Master 1 in Psychology

**Lebanese University**  2009

Bachelor of Art’s, Psychology

**Kfeir High School**  2000

Baccalaureate 2, Mathematics

# **Awards & Recognitions**

**Certificate of Appreciation and Thanks**

Tamanghest University in the People's Democratic Republic of Algeria

**Certificate of Appreciation and Thanks** 2018

International Conference organized by Maysan University in Southern Iraq

**Honorary Plaque**

Lebanese Modern School in Hasbaya

**Certificate of Appreciation** 2016

Progressive Women's Union

**Certificate of Appreciation** 2015

Progressive Youth Organization, Hasbaya "Our Children and Drugs" Lecture

**Certificate of Appreciation** 2015 - 2016

International Academy for Capacity Building (IABC)

Completing over 20 training sessions on art therapy, benefiting universities, educators, and all those working with children and adults.

**Certificate of Thanks** 2015

Official school of Mimes for a lecture on "Keys to Healthy Psychological Education"

**Certificate of Appreciation and Thanks**

Human Thought and Action Association

Training staff in working with individuals with special needs

# **Trainings & Workshops**

**2023 - Present**

Weekly supervision session

Dr. Nadhir Hamad, clinical psychologist and psychoanalyst, member of the International Lacanian Association 171

**2016**

Conference Speaker “Scientific Conference of Play, Art, and Creative Therapy”

Theater Life

Sharjah First Arts Therapy Conference

Attendee

**2012 - 2016**

- Qualification as an Analytical Psychotherapist

Dr. Sonia Zainou, including work on personal systems (self-therapy) (845 hours)

- "Psychological and Social Relief Association" on "Reactions and Symptoms Resulting from Wars" (3 days)

- "Educating and Protecting Children from Sexual Harassment"

Kafa and Save the Children (3 days)

- "Know Yourself Through Drama"

"Kalimāt Educational Center" (10 hours)

- "Mental and Sexual Disability, Personal and Scientific Experiences, and Ethical Thinking"

National Parent Associations and the Union Foundation for Non-Harmonized Children

- "The Group at the Heart of Society and the Individual at the Heart of the Group and Its Dysfunction"

Participation in the Union Study Day

- "Family: Its Body, Life, and Diseases"

Participation in the Union Study Day

- Training and Development on a Diploma in Psychological and Social Support

The Canadian Association

**2011 - 2015**

- Workshop "Towards a Common Approach to Child Protection"

- Workshop "Protecting Children from Sexual Violence"

- Workshop "Improving the Rehabilitation Status of Palestinian Disabled Individuals in Lebanon"

- Training in Rorschach Testing

Dr. Youssef Aakoury, Head of the Psychology Department at the Lebanese University - Zahle (25 hours)

- Workshop "Bullying Among Children and Adolescents"

Dr. Youssef Aakoury (2 days)

**2010**

Empowerment Technology and Business Skills for Small and Medium Enterprises

WAKIB Project

Young Men's Christian Association (YMCA)

Digital Opportunities Trust (DOT)

**2007 - 2010**

Women's Empowerment Committee in the WEPASS Project: Peaceful Work Towards Security and Stability - a joint project between the United Nations Population Fund (UNFPA) and the National Commission for Lebanese Women (NCLW)

- Workshop on Discrimination

- Workshop on Conflict Resolution

- Workshop on Communication Skills

- Computer and Internet Literacy Training

- Training on Women's Participation in Decision-Making - Capacity Building for Women in Municipal Elections

- Workshops on Strategic Planning, Team Building, Leadership, Activity Management, and Proposal Writing

**2009**

Training in Case Studies for Individuals with Mental Disorders

Psychiatric Hospital, Dier El Salib (2 months)

Case Studies for Children with Special Needs

Al-Mona Center, Beirut (1 month)

Case Studies for Disabled Children

Arc Center for International Environmental Law (1 month)

# **Extra Curriculars**

* Founding member of Women Empowerment Support Association (WESA)
* Volunteer at Lebanese Association for Democratic Elections (LADE)
* Member of Lebanese Order of Psychologists (121/2022)
* V.P. of Cercle Bleu Association
* Volunteer “We are Your Limit” Lebanese University, Faculty of Arts & Human Sciences (2020)

# **Languages**

* Arabic: Fluent
* French: Proficient
* English: Proficient

**Skills**

* Clinical and Adjustment Psychologist
* Psychotherapist & Psychoanalyst
* Trainer of mental health care & art therapy specialist
* Accredited and Professional Mental Health Trainer, IABC.
* Mental health coach/trainer
* Art therapy, psychodrama, communication skills, self-care for staff of organizations, self-confidence & self-esteem for staff of organizations, learning development, effective teamwork

# 

# **Computer Skills**

* MS Office: Microsoft Word, Excel, PowerPoint
* Google Meets, Zoom

**References**

* **Dr. Anicee El Amin**: Psychoanalyst Professor (009613360106)
* **Dr. Sonia Zino**: Psychology Department Head - Lebanese University, Zahle (L.U.)

Psychotherapist & Psychoanalyst (009613549788)

* **Dr. Elham Haj Hassan:** Psychology Department Head - Lebanese University (L.U.)

Psychologist (009613573923)

* **Madame Amal Chibli**: Head of the center for physical disabilities & special needs, "Ray of Hope" (009613713953)
* **Madam Salwa Zaatari**: Head of “Dar Al Aytam Islamic” (009613139373)
* **Dr. Nazir Hamad**: Psychoanalytic Professor, Association Lacanienne International (+33 6 08 46 47 74)
* **Dr. Younes El Fafli**: Psychoanalyst (+212 6 70 97 27 24)