The International Center for Mental Health and Human Rights



This certificate is awarded to

Nancy Al Kayal Abou Zeid

for the successful completion of Contemplative-Based Trauma and Resiliency Training

> *The Portable Calm CBTRT Level 1 September 14 - November 16, 2020*

> > CBTRT Level 2 February1 – March 29, 2021

tealogu 4/7/2021

Gaea Logan, LPC-S, CGP Date Founder/Executive Director

4/7/2021

Patricia K. Tollison, PhD, CGP Date Clinical Director

The International Center for Mental Health and Human Rights (ICHHR) is a 501 c(3) USA organization. The mission of ICHHR is to strengthen and preserve human rights, resilience and dignity through culturally sensitive and innovative mental health training programs. Website: <u>www.icmhhr.org</u>